

NEWFOUND AREA SENIOR SERVICES

GRAFTON COUNTY SENIOR CITIZENS COUNCIL

15 Church Street ~ P.O. Box 266 ~ Bristol, NH 03222

Office: 744-8395 Fax: 744-9399

Serving: Bristol, Bridgewater, Alexandria, Hebron and Groton

FEBRUARY ~ 2019



HAPPY VALENTINES DAY



Start each day with a Thankful Heart!

Love - Amor - Amour - Amore - Liebe

English - Spanish - French - Italian - German



Tuesday, February 5 – Chinese New Year Year of the Pig

In Chinese culture, pigs are the symbol of wealth.

Pigs might not stand out in a crowd, but they are very realistic.

Though not wasteful spenders, they will let themselves enjoy life. They love entertainment and will occasionally treat themselves. They are a bit materialistic, but this is motivation for them to work hard.

They are energetic and are always enthusiastic, even for boring jobs. If given the chance, they will take positions of power and status.

Join us Tuesday, February 12 for an early Valentine Celebration!

Wear something *Festive* and get your next lunch free!!



Thursday February 14 – Valentine's Day



Monday February 18 – Presidents' Day

Please note... The Center will be closed in honor of the holiday.

Winter Reminders.....In inclement weather the center will be closed.... When local schools are closed we are too. Please watch WMUR Channel 9 for closing announcements. Home Delivered Meals cannot be delivered if driveways and walkways are not cleared and safe for you and our volunteers. Thank you!

SPECIAL PRESENTATIONS ~ EVENTS INFORMATION

Foot Clinic Information

Nana offers foot care and blood pressure clinics at various locations in the community, including our center.

Call NANA at 744-2733 for information and to schedule your appointment.

OH, SNAP!

Supplemental Nutrition Assistance Program aka Food Stamps

For more information about the program and eligibility
Call Fran at 603-744-8395.

Day Away Program

The Day Away Program is an adult, daycare program held every Thursday in Bristol.

Volunteers Needed!!

Learn more by calling Sandy at 536-6304.

FEBRUARY 2019 BIRTHDAYS



Happy Birthday to You.....

Mary Barber 2/3, John Rosa 2/5, Patricia Sirles 2/8, Rosa Akerley 2/11, Carolyn Lindstrom 2/11, Carolyn Seargent 2/16, Debbie McKinley 2/23, Linda Denningham 2/24, Irene Sutkus 2/25, Caroline French 2/26, Barbara Hazelton 2/27, Jane Lang 2/28.

If we omitted your name, we apologize. Please tell us so we can correct our records. If you would like to have your birthday listed here please let us know.

**** We love our VOLUNTEERS ****

Call us at 744-8395 anytime, to discuss our many Volunteer opportunities. THANK YOU!!

Center Office Hours:

Monday 8:00-12:00 Tuesday 8:00 – 3:00 Wednesday 8:00-12:00
Thursday 8:00-12:00 Friday 8:00 – 12:00 and by appointment.

Newfound Area Senior Services Staff & Volunteers

Fran Olson...Outreach Worker	Shirley Johnson...Bus Driver
Gail Emmons-Shaw...Coordinator	Linda Mancini...Program Assistant
Valerie Cilley...Cook	Lee-Ann Forsyth...Kitchen Assistant
Joe Labelle, Michael Loft, Cathy Gilpatric - Kitchen & Dining Room Assist.	
Liz Carlson, Heather Walker and Cindy DefeoOffice Assistants	

****OUR ON~GOING EVENTS****

WEEKLY LUNCHEONS ~ TUESDAYS AT NOON

HOME DELIVERED MEALS

If you, or someone you know, is interested in home delivered meals or volunteering as a driver please call the Center.

BUS TRANSPORTATION SERVICE

CRAFT GROUP

1st & 3rd Tuesdays of the month at 9:00 a.m.

BLOOD PRESSURE TESTING

1st Tuesday of the month at 11:30 a.m. Thank you NANA!

BINGO

2nd & 4th Tuesdays of the month

RSVP ~ BONE BUILDERS

Tuesday and Friday at 9:30 AM ~ upstairs
\$.50 suggested donation per class.

NEWFOUND Senior Center COMPUTER LAB

We have new computers getting set up ~ we'll keep you posted!

Durable Medical Equipment



The Senior Center in Plymouth has equipment available at no charge.
If you or someone you know is in need of wheelchair, walker or commode.
Please, call the Center at 536-1204.

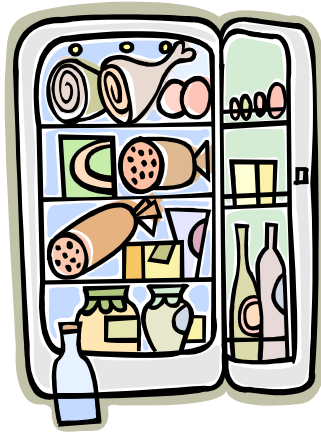
FOOD FOR THOUGHT

NH Commodity Supplemental Food Program

Delivered right here in Bristol

For more information call: 1-800-578-2050 x 1135 or just ask us.

FEBRUARY 2019 ~ MENU



5th



Chinese New Year

**Chicken or Pork Chop Suey
Rice – Vegetables
Dessert**

12th



Early Valentine's Day



**Chicken Divan over Noodles
or Chicken and Gravy
Birthday Cake**

19th

**American Chop Suey
Green Beans
Birthday Cake for Dessert**

26th

**Macaroni and Cheese
Chicken Tenders with Sauce
Muffin – Coleslaw
Dessert**