

NEWFOUND AREA SENIOR SERVICES

GRAFTON COUNTY SENIOR CITIZENS COUNCIL

15 Church Street ~ P.O. Box 266 ~ Bristol, NH 03222

Office: 744-8395 Fax: 744-9399

Serving: Bristol, Bridgewater, Alexandria, Hebron, and Groton

MAY ~ 2019



Sunday May 12 is Mother's Day

Join us for lunch on Tuesday May 14 and enjoy
Val's delicious Turkey Dinner! Yum!!!

Walk-a-txon



Step up * Stop hunger

Let's raise funds for Meals on Wheels

Walk ~ Run ~ Sponsor ~ \$upport

Saturday May 18

Entertainment ~ Barbecue ~ Vendors

Horse Meadow Senior Center

91 Horse Meadow Rd. North Haverhill

Please call the Center for details 744-8395



Monday May 27 is Memorial Day



Wear something Patriotic to our luncheon on
Tuesday May 28 and get a "next meal on us" coupon!

*I'm finally done with my Winter tires and am now working on my
Spring rolls! ☺*

Did you know.....

Your local Senior Center is a program of Grafton County Senior Citizens Council (GCSCC). Contributions from donors like you make it possible for GCSCC to provide the programs and services essential for older adults living in communities throughout Grafton County. Only half of our budget comes from the State and Federal Government funds. The rest is from local communities and individuals who donate to GCSCC to support local Senior Centers. Please consider donating, either by mail (GCSCC, 10 Campbell St., Lebanon, NH 03766) or online (www.gcsc.org). Thank you for your generosity!

SPECIAL PRESENTATIONS ~ EVENTS INFORMATION

Foot Clinic Information

Nana offers foot care and blood pressure clinics at various locations in the community, including our center.

Call NANA at 744-2733 for information and to schedule your appointment.

OH, SNAP!

Supplemental Nutrition Assistance Program aka Food Stamps

For more information about the program and eligibility
Call Fran at 603-744-8395.

Day Away Program

The Day Away Program is an adult daycare program held Thursdays in Bristol.

Volunteers Needed !!

Learn more by calling Sandy at 536-6304.

MAY 2019 BIRTHDAYS



Happy Birthday to You.....

Ash Wyllie 5/1, Vincent Migliore 5/6, Aletha Lewis 5/8, Maria Caizzi 5/15, Loretta Somers 5/18.

If we omitted your name, we apologize. Please tell us so we can correct our records. If you would like to have your birthday listed here please let us know.

**** We love our VOLUNTEERS ****

Call us at 744-8395 anytime, to discuss our many Volunteer opportunities. THANK YOU!!

Center Office Hours:

Monday 8:00-12:00 Tuesday 8:00 – 3:00 Wednesday 8:00-12:00
Thursday 8:00-12:00 Friday 8:00 – 12:00 and by appointment.

Newfound Area Senior Services Staff & Volunteers

Fran Olson, Outreach Worker

Shirley Johnson, Bus Driver

Gail Emmons-Shaw, Coordinator

Linda Mancini, Program Assistant

Valerie Cilley, Cook

Lee-Ann Forsyth, Kitchen Assistant

Joe Labelle, Michael Loft, Cathy Gilpatric, Kitchen & Dining Room Assist.

Liz Carlson, Cindy Defeo and Mary P.,

Office Assistants

****OUR ON~GOING EVENTS****

WEEKLY LUNCHEONS ~ TUESDAYS AT NOON

HOME DELIVERED MEALS

If you, or someone you know, is interested in home delivered meals or volunteering as a driver please call the Center.

BUS TRANSPORTATION SERVICE

CRAFT GROUP

1st & 3rd Tuesdays of the month at 9:00 a.m.

BLOOD PRESSURE TESTING

1st Tuesday of the month at 11:30 a.m. Thank you NANA!

BINGO

2nd & 4th Tuesdays of the month

RSVP ~ BONE BUILDERS

Tuesday and Friday at 9:30 AM ~ upstairs
\$.50 suggested donation per class.

NEWFOUND Senior Center COMPUTER LAB

We have new computers getting set up ~ we'll keep you posted!

Durable Medical Equipment



The Senior Center in Plymouth has equipment available at no charge.
If you or someone you know is in need of wheelchair, walker or commode.
Please, call the Center at 536-1204.

FOOD FOR THOUGHT

NH Commodity Supplemental Food Program

Delivered right here in Bristol

For more information call: 1-800-578-2050 x 1135 or just ask us.

May 2019 ~ MENU



7th

**Lasagna
Salad – Garlic Bread
Dessert**

14th



**Turkey – Stuffing – Cranberry Sauce
Potato – Peas - Squash
Dessert**

21st

**Swiss Steak
Potatoes – Green beans
Dessert**

28th



**Memorial Day Luncheon
Stuffed Pepper
Sweet Potato – Wax Beans
Dessert**



