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# April Newsletter 2019

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## Orford Area Senior Center

United Congregational Church Rt. 10  
603-353-9107

Program Coordinator.....Lisa Minickiello  
Cook.....Kathleen Sanborn  
Outreach Workers.....Florence Thornton  
603-787-2539  
Kappy Scoppettone  
603-448-4213

### Good to know.....

- \* If you or someone you know is in need of medical equipment, please ask. We have access to walkers, wheelchairs, commodes, shower chairs, etc.
- \* NH Commodity Supplemental Food Program  
Delivered in Haverhill and Woodsville  
For more information call: 1-800-578-2050 x 1135
- \* We now have punch cards for lunch. If you would like to purchase one for yourself or as a gift for a family member or friend, it makes a great gift. 20 meals \$60.00.

“You are never too old to set another goal or to dream a new dream”. C.S. Lewis

### Upcoming Events

#### April 9

Foot Clinic

#### April 21

Easter

#### May 18

Step Up Walk

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### HAPPY BIRTHDAY!

Duane Small 4/1  
Kevin Heath 4/8  
Bruce Taylor 4/9  
Brian Bolard 4/15



For those 60 years and over we suggest a donation of \$3.00

For those under 60 the cost is \$8.75. Thank You.

**Tuesday, April 2nd**    **Salad, Chicken, Potato, Broccoli/Cauliflower**  
**Pudding**  
**Music: "Galen Mudgett"**

**Tuesday, April 9th**    **Salad, Roast Pork, Scalloped Potato**  
**Peas, Cake**  
**Music: "Dan Freihofer"**

**Foot Clinic \$15 Please bring a small towel**

**Tuesday, April 16<sup>th</sup>**    **Easter Luncheon**  
**Ambrosia, Pot Roast, Red Potatoes**  
**Carrots, Rolls, Cookie**  
**Music: "No Strings Attached"**

**Tuesday, April 23<sup>rd</sup>**    **Fruit Salad, Mac & Cheese**  
**Mixed Vegetables, Brownie**  
**Bingo 11:00**

**Tuesday, April 30<sup>th</sup>**    **Salad, Texas Hash, Green Beans**  
**Apple Pie**  
**Music: "The Mill Band"**

**All meals are served with bread, butter, coffee, tea and milk.**



Your local senior center is a program of the Grafton County Senior Citizens Council (GCSCC). Contributions from donors like you make it possible for GCSCC to provide the programs and services essential for older adults living in communities throughout Grafton County. Only half of our budget comes from state and federal government funds. The rest is from local communities and individuals who donate to GCSCC to support local senior center. Please consider donating, either by mail (GCSCC, 10 Campbell St., Lebanon, NH 03766) or online