

ORFORD AREA SENIOR CENTER

United Congregational Church
Rt. 10, Orford NH Ph. 353-9107
Program Coordinator.....Lisa Minickiello
Cook.....Kathleen Sanborn

March 2020 Newsletter



We're having some very special guests this month! I can't wait to see hoo they will be.



“Squam Lakes Science Center” will be here March, 31st at 10:30am to do a presentation on NH Wildlife. Don't miss this!!

HAPPY BIRTHDAY

- Shirley Stever 3/12
- Ken Hinchliffe 3/16

Upcoming Events

The annual Meals on Wheels Walk~A~Thon will be at Horse Meadow again this year on Sat. May 16th.

~~~~~  
The Experience Arts program will be coming to Orford! Stayed tuned.

~~~~~  
Cottage Hospital is going to join us in the upcoming monthsto talk about a variety of important issues such as Arthritis, Aging, Diabetes, Stress, Advanced Directives & POA.

Although GCSCC welcomes political candidates at our senior centers and permits them to conduct speaking engagements, doing so does not constitute an endorsement or recommendation by GCSCC. Any views and opinions shared are solely those of the speaker.

For those 60 years and over we suggest a donation of \$3.00.

For those under 60 the cost is \$5.00. Thank you.

March 3rd Pork, Home Fires, Broccoli, Salad
Music~"The Mill Band"
"Birthday Day"

March 10th Ham, Baked Beans, Mac Salad,
Cole Slaw

March 17th St. Patrick's Day-Wear your green!
Corned Beef & Cabbage, Potatoes, Carrots
Music~"No Strings Attached"

March 24th Chicken, Potato, Squash, Salad

March 31st Beef & Gravy, Potato, Green Beans, Salad
"NH Wildlife Presentation"

All meals are served with bread, butter, coffee, tea and milk



Don't Forget.....

March 8th-to set your clocks ahead 1 hour.

March 17th-St. Patrick's Day

March 19th-1st Day of Spring

March 31st-Squam Lakes Science Center NH Wildlife Presentation. Be here at 10:30 for a good seat & refreshments!

Did you know.....
Your local senior center is a program of Grafton County Senior Citizens Council (GCSCC). Contributions from donors like you make it possible for GCSCC to provide the programs and services essential for older adults living in communities throughout Grafton County. Only half of our budget comes from state and federal government funds. The rest is from local communities and individuals who donate to GCSCC to support local senior centers. Please consider donating, either by mail, GCSCC, 10 Campbell St. Lebanon, NH 03766 or online at www.GCSCC.org. Thank You for your generosity!

