

7/27/2020

Hi, Please see the letter below from Rajapuri Darshith Sai Singh!

Last year, Raj and his mother came to have lunch with us. He's an extremely bright, kindhearted, and outgoing young man, who has a love of seniors! I was so impressed with him. He was a ray of sunshine!

He would love to give you a call, share notes/letters with you, e-mail with you, or Zoom with you. I know he would brighten your day as well!!!

Because I cannot share your phone number with him (due to HIPPA laws) without your approval, if you are interested in partnering with him, please call me and I will share his phone number with you to call him. He will share with you in any way you would like, per his letter attached. Or e-mail him at the below address.

I hope you will give him a call. He will be a good friend to share with.

Stay well!

Becky Foster, Activities Coordinator, Upper Valley Senior Center, bfoster@gcsc.org, 448-4213



Hello All:

My name is Rajapuri Darshith Sai Singh, a rising 6th grader from Lebanon Middle School. I hope you are all staying safe and healthy during these trying times.

My passion has always been to help seniors around me in any way I can to make them happier and thereby healthier. For the same initiative, last year I spoke to a few of you at the Upper Valley Senior Center. I asked about your hobbies. Currently, I am volunteering for a project to provide devices for kids to help them continue remote learning.

This pandemic has put our lives to a halt where we cannot meet with our friends and loved ones in person. Social distancing does not mean emotional distancing. We need to stay emotionally connected now more than before while we fight this pandemic.

(Over)

I have come across this great opportunity, “Penpals for Isolated Seniors”. I thought this a great way to be in touch with all of you during this time. I have learned that a handwritten note, a quick chat over the phone, or a video call can brighten up our days!

Here are some of the activities that we can do while being safe at our homes:

- Handwritten letters
- E-mails
- Phone calls
- Through video conference calls, we can
 - Read books
 - Play games
 - Share experiences
 - Cook together
 - Sew together

I am happy to help you with any of the above activities. Please let me know if you would like any other activity through these virtual sessions. Let’s stay connected and strong.

Stay safe and healthy!!!

Sincerely,

Rajapuri Darshith Sai Singh

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